

STALEY FOOTBALL

JULY 19 NEWSLETTER



HS TEAM CAMP WEEK!

- Camp week is this week, Mon-Thurs from 7:30-10:00 am for ALL High School players.
- *What's different than the rest of the summer work?* We are meeting for film daily, setting special teams depth charts, selecting leadership council members, requesting jersey numbers, competing at Rockhurst for a scrimmage, along with culture building.
- I sent a reminder email this week about signing up for camp on my payments plus. Please complete this ASAP, if you haven't already. If you have any questions, or need financial assistance at this time, do not hesitate to reach out.

KC ELITE 7ON7 TOURNAMENT RESULTS

- Our players competed very hard in the 2-day tournament. We finished with a top 6 finish in the 18 team tournament. Falling into Derby in the final seconds in bracket play.
- We are extremely proud of the effort and ability to handle adversity and respond to it this weekend by the players present. This is what we go to this tournament for and those there certainly are more prepared for the fall season.

ROCKHURST SCRIMMAGE ON WEDNESDAY

- We will bus to Rockhurst on Wednesday morning to scrimmage with several schools.
- The scrimmage will begin at 8:30 and end around 11:00. This scrimmage is grades 10-12 only.
- Parents and friends are welcome to come watch.
- Teams competing: Rockhurst, Lee's Summit, Liberty, Grain Valley.

STALEY FOOTBALL SCHEDULE JULY 20-23								
DAY	GRADE	TIME	EVENT(S)	LOCATION	DROP OFF	PICK UP	DRESS	CORE VALUE
MON	9TH	7:00-7:40	LIFT	WEIGHT ROOM	BUS LOOP		Black shorts, Staley top	DISCIPLINE
		8:00-10:00	CAMP PRACTICE	STADIUM		STADIUM	Shells, Girdles, black shorts	
	10-12	6:30-7:10	LIFT	WEIGHT ROOM	BUS LOOP		Black shorts, Staley top	
		7:15-8:15	MEETINGS: TEAM, SPEC TM, OFF/DEF	CLASSROOM			Black shorts, Staley top	
		8:30-10:15	CAMP PRACTICE	STADIUM		STADIUM	Shells, black shorts	
TUES	9TH	7:00-7:40	LIFT	WEIGHT ROOM	BUS LOOP		Black shorts, Staley top	COMMITMENT
		8:00-10:00	CAMP PRACTICE	STADIUM		STADIUM	Shells, Girdles, black shorts	
	10-12	6:30-7:10	LIFT	WEIGHT ROOM	BUS LOOP		Black shorts, Staley top	
		7:15-8:15	MEETINGS: TEAM, SPEC TM, OFF/DEF	CLASSROOM			Black shorts, Staley top	
		8:30-10:15	CAMP PRACTICE	STADIUM			Shells, black shorts	
		10:15-10:30	LEADERSHIP COUNCIL NOMINATIONS/VOTING			STADIUM	Shells, black shorts	
WED	9TH	7:00-7:40	FILM	STADIUM	STADIUM		Shells, Girdles, black shorts	TOUGHNESS
		8:00-10:00	CAMP PRACTICE	STADIUM		STADIUM	Shells, Girdles, black shorts	
	10-12	6:50	ARRIVE AT STADIUM	WEIGHT ROOM	STADIUM		Black shorts, Staley top	
		7:05-7:50	BUS TO ROCKHURST	WT RM / CLASSROOM			Black shorts, Staley top	
		8:30-11:00	SCRIMMAGE AT ROCKHURST	STADIUM		STADIUM	Shells, black shorts	
THURS	9TH	7:00-7:40	LIFT	WEIGHT ROOM	BUS LOOP		Black shorts, Staley top	SELFLESS
		8:00-10:00	CAMP PRACTICE	STADIUM		STADIUM	Shells, Girdles, black shorts	
	10-12	6:30-7:10	LIFT	WEIGHT ROOM	BUS LOOP		Black shorts, Staley top	
		7:15-8:15	MEETINGS: TEAM, SPEC TM, OFF/DEF	CLASSROOM			Black shorts, Staley top	
		8:30-10:15	CAMP PRACTICE	STADIUM			Shells, black shorts	
		10:15-10:30	LEADERSHIP COUNCIL, T-SHIRTS, PICTURE			STADIUM	Shells, black shorts	
NOTES								
*PRACTICE EQUIPMENT MODES: HELMETS = HELMETS & PRACTICE JERSEY / SHELLS= HELMET, SH PADS, GIRDLE / FULL PADS= HELMET, SH PADS, GIRDLE, KNEE PADS								
*ATHLETES WILL NEED TO BRING A PAIR OF TENNIS SHOES AND CLEATS DAILY - NO SLIDES, CROCS, ETC.								
TEAM EXPECTATIONS								
DO NOT WALK ON THE FIELD OR DURING ZERO HOUR								
RELENTLESS EFFORT IN ALL DRILLS/REPS/LIFTS								
POSITIVE BODY LANGUAGE/ COACHABILITY/ COMMUNICATION								
BEST IS THE STANDARD: EFFORT, ATTITUDE, FOCUS								

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